PURE WOMAN®
BEAUTY NUTRITION GERMANY

SPORTS

BODY TONE PROTEIN

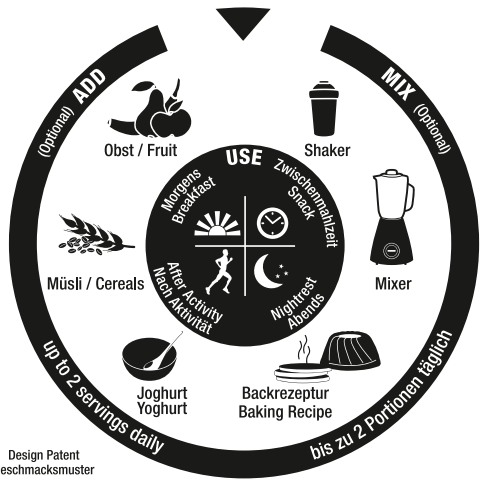
STRAWBERRY

VERZEHRSEMPFEHLUNG / RECOMMENDED CONSUMPTION

25 g Pulver / Powder
ca. 2-3 gestrichene Messlöffel
approx. 2-3 level measuring spoons

+

250 ml
Wasser / Milch
Water / Milk



Design Patent
Geschmacksmuster

GESUNDHEITSBEZOGENE AUSSAGEN (E.U.) / HEALTH CLAIMS (E.U.)

Eiweiß, Vitamine & Mineralstoffe leisten folgenden Beitrag für die Gesundheit:
Protein, Vitamins & Minerals contribute the following benefits to health:

Design Patent
Geschmacksmuster

NÄHRWERTE / NUTRITION INFORMATION

Portionen pro Packung ca.: 20 / Servings Per Container approx.: 20

pro/per	100 g	Portion[1]
Energie/Energy	1.534 kJ (362 kcal)	383 kJ (91 kcal)
Fett/Fat	3,7 g	0,9 g
- davon gesättigte Fettsäuren/ of which Saturates	2,0 g	0,5 g
Kohlenhydrate/Carbohydrate	7,5 g	1,9 g
- davon Zucker/of which Sugars	5,6 g	1,4 g
Eiweiß/Protein	73 g	18 g
Salz/Salt	0,80 g	0,20 g

VITAMINE / VITAMINS

pro/per	100 g (NRV[2])	Portion[1] (NRV[2])
Vitamin A (RE)	1.600 µg (200%)	400 µg (50%)
Vitamin D	10 µg (200%)	2,5 µg (50%)
Vitamin E (TE)	24 mg (200%)	6,0 mg (50%)
Vitamin C	160 mg (200%)	40 mg (50%)
Thiamin	2,2 mg (200%)	0,55 mg (50%)
Riboflavin	2,8 mg (200%)	0,70 mg (50%)
Niacin (NE)	32 mg (200%)	8,0 mg (50%)
Vitamin B6	2,8 mg (200%)	0,70 mg (50%)
Folsäure/Folic Acid	400 µg (200%)	100 µg (50%)
Vitamin B12	13 µg (520%)[3]	3,3 µg (132%)[3]
Biotin	100 µg (200%)	25 µg (50%)
Pantothensäure/Pantothenic Acid	12 mg (200%)	3,0 mg (50%)

MINERALSTOFFE / MINERALS

pro/per	100 g (NRV[2])	Portion[1] (NRV[2])
Calcium	743 mg (93%)	185 mg (23%)
Magnesium	315 mg (84%)	79 mg (21%)
Eisen/Iron	28 mg (200%)	7,0 mg (50%)
Zink/Zinc	20 mg (200%)	5,0 mg (50%)
Kupfer/Copper	2,0 mg (200%)	0,50 mg (50%)
Mangan/Manganese	4,0 mg (200%)	1,0 mg (50%)
Selen/Selenium	110 µg (200%)	28 µg (50%)
Chrom/Chromium	80 µg (200%)	20 µg (50%)
Jod/Iodine	300 µg (200%)	75 µg (50%)

ZUTATEN (QUANTITATIV) / INGREDIENTS (QUANTITATIVE)

pro/per	100 g	Portion[1]
Bromelain	50 mg	13 mg
Laktase/Lactase	25 mg	6,3 mg
L-Carnitin/e	1,2 g	0,3 g

1 = 25 g Pulver / Powder + 250 ml Wasser / Water
2 = Nährstoffbezugswerte / Nutrient Reference Values
3 = Wert des eingesetzten Eiweiß-Rohstoffes. / Of protein. Not added.

ZUTATEN: MOLKENEIWEIß-KONZENTRAT (60%), **MOLKENEIWEIß-ISOLAT** (30%), ERDBEERSTÜCKE (3,0%), AROMA, L-CARNITIN (1,2%), MAGNESIUMCARBONAT, VERDICKUNGSMITTEL XANTHAN, CALCIUMPHOSPHAT, FÄRBENDES LEBENSMITTEL ROTE BEETE PULVER, EMULGATOR **SOJA-LECITHIN**, SÄUERUNGSMITTEL CITRONENSÄURE, L-ASCORBINSÄURE, SÜßUNGSMITTEL SACCHARIN UND SUCRALOSE, EISENDIPHOSPHAT, ZINKSULFAT, BROMELAIN (0,05%), LAKTASE (0,025%), NICOTINAMID, DL-α-TOCOPHERYLACETAT, CALCIUM-D-PANTOTHENAT, MANGANSULFAT, KUPFERCARBONAT, PYRIDOXINHYDROCHLORID, THIAMINMONONITRAT, RIBOFLAVIN, RETINYLACETAT, CHROM-(III)-CHLORID, KALIUMIODID, PTEROYLMONOGLUTAMINSÄURE, NATRIUMSELENIT, TRENNMITTEL SILICIUMDIOXID, D-BIOTIN, CHOLECALCIFEROL.
ALLERGIE-HINWEIS: KANN SPUREN VON GLUTEN UND EI ENTHALTEN.
Es wird eine abwechslungsreiche und ausgewogene Ernährung sowie eine gesunde Lebensweise empfohlen.

INGREDIENTS: WHEY PROTEIN CONCENTRATE (60%), **WHEY PROTEIN ISOLATE** (30%), STRAWBERRY PIECES (3,0%), FLAVOUR, L-CARNITINE (1.2%), MAGNESIUM CARBONATE, THICKENER XANTHAN GUM, CALCIUM PHOSPHATE, COLOURING PLANT EXTRACT RED BEET ROOT POWDER, EMULSIFIER **SOY LECITHIN**, ACID CITRIC ACID, L-ASCORBIC ACID, SWEETENERS SACCHARIN AND SUCRALOSE, FERRIC DIPHOSPHATE, ZINC SULPHATE, BROMELAIN (0,05%), LACTASE (0.025%), NICOTINAMIDE, DL-ALPHA-TOCOPHERYL ACETATE, D-PANTOTHENATE-CALCIUM, MANGANESE SULPHATE, CUPRIC CARBONATE, PYRIDOXINE HYDROCHLORIDE, THIAMIN MONONITRATE, RIBOFLAVIN, RETINYL ACETATE, CHROMIUM (III) CHLORIDE, POTASSIUM IODIDE, PTEROYLMONOGLUTAMIC ACID, SODIUM SELENITE, ANTI-CAKING AGENT SILICON DIOXIDE, D-BIOTIN, CHOLECALCIFEROL.
ALLERGY ADVICE: MAY CONTAIN TRACES OF GLUTEN AND EGG.
A varied and balanced diet and a healthy lifestyle is recommended.

Getränkepulver zur Herstellung eines Proteingetränkes. Mit Süßungsmitteln. Kühl (max. 21°C) und trocken lagern.
Drink powder to prepare a protein drink. With sweeteners. Store cool (max. 70°F) and dry.

500 g ℮ 1.1 lbs

purewoman.com

HECH® FUNCTIONAL NUTRITION
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