

# HECH®

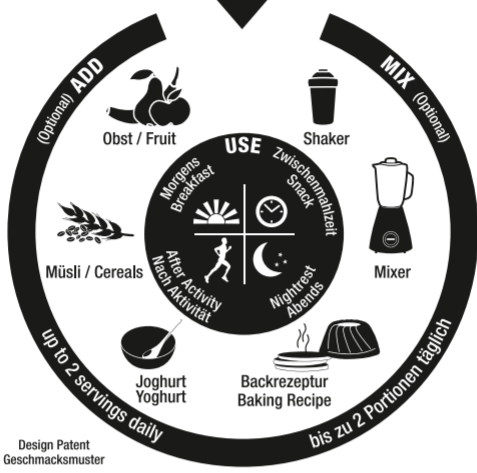
## ACTIVE



# DELICIOUS WHEY PROTEIN MILK

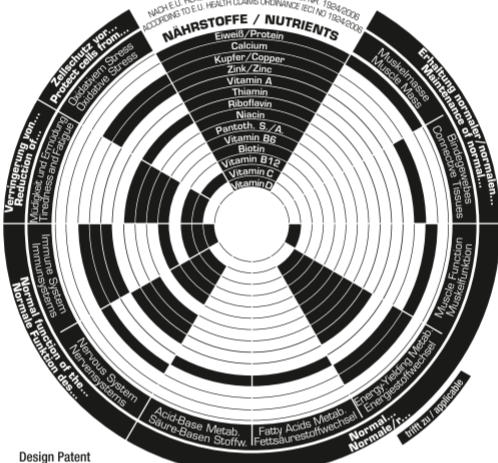
### VERZEHRSEMPFEHLUNG / RECOMMENDED CONSUMPTION

25 g 2-3 gestrichene Messlöffel 2-3 level measuring spoons + 250 ml Wasser / Milch Water / Milk



### GESUNDHEITSBEZOGENE AUSSAGEN (E.U.) / HEALTH CLAIMS (E.U.)

Eiweiß, Vitamine & Mineralstoffe leisten folgenden Beitrag für die Gesundheit: Protein, Vitamins & Minerals contribute the following benefits to health:



### NÄHRWERTE / NUTRITION INFORMATION

Portionen pro Packung ca.: 20 / Servings Per Container approx.: 20

pro/per	100 g	Portion <sup>1</sup>
Energie/Energy	1,535 kJ (362 kcal)	383 kJ (91 kcal)
Fett/Fat	4,2 g	1,1 g
- davon gesättigte Fettsäuren/ of which Saturated Fatty Acids	2,5 g	0,6 g
Kohlenhydrate/Carbohydrate	6,1 g	1,5 g
- davon Zucker/of which Sugars	4,9 g	1,2 g
Eiweiß/Protein	73 g	18 g
Salz/Salt	0,7 g	0,2 g

### VITAMINE / VITAMINS

pro/per	100 g (NRV <sup>2</sup> )	Portion <sup>1</sup> (NRV <sup>2</sup> )
Vitamin A (RE)	1.600 µg (200%)	400 µg (50%)
Vitamin D	10 µg (200%)	2,5 µg (50%)
Vitamin E (TE)	24 mg (200%)	6,0 mg (50%)
Vitamin C	160 mg (200%)	40 mg (50%)
Thiamin	2,2 mg (200%)	0,5 mg (50%)
Riboflavin	2,8 mg (200%)	0,7 mg (50%)
Niacin (NE)	32 mg (200%)	8,0 mg (50%)
Vitamin B6	2,8 mg (200%)	0,7 mg (50%)
Folsäure/Folic Acid	400 µg (200%)	100 µg (50%)
Vitamin B12	13 µg (520%) <sup>3</sup>	3,3 µg (132%) <sup>3</sup>
Biotin	100 µg (200%)	25 µg (50%)
Pantothensäure/Pantothenic Acid	12 mg (200%)	3,0 mg (50%)

### MINERALSTOFFE / MINERALS

pro/per	100 g (NRV <sup>2</sup> )	Portion <sup>1</sup> (NRV <sup>2</sup> )
Calcium	811 mg (101%)	203 mg (25%)
Magnesium	300 mg (80%)	75 mg (20%)
Eisen/Iron	28 mg (200%)	7,0 mg (50%)
Zink/Zinc	20 mg (200%)	5,0 mg (50%)
Kupfer/Copper	2,0 mg (200%)	0,5 mg (50%)
Mangan/Manganese	4,0 mg (200%)	1,0 mg (50%)
Selen/Selenium	110 µg (200%)	27 µg (50%)
Chrom/Chromium	80 µg (200%)	20 µg (50%)
Jod/Iodine	300 µg (200%)	75 µg (50%)

### ZUTATEN (QUANTITATIV) / INGREDIENTS (QUANTITATIVE)

pro/per	100 g	Portion <sup>1</sup>
Bromelain	50 mg	12 mg
Laktase/Lactase	25 mg	6,2 mg
L-Carnitin/e	1,2 g	0,3 g

1 = 25 g Pulver / Powder + 250 ml Wasser / Water

2 = Nährstoffbezugswerte / Nutrient Reference Values

3 = Wert des eingesetzten Eiweiß-Rohstoffes. / Of protein. Not added.

**ZUTATEN: MOLKENEIWEIß-KONZENTRAT (58%), MOLKENEIWEIß-ISOLAT (30%), FAT-REDUCED KAKAOPULVER (6,0%), L-CARNITIN (1,2%), SCHOKOLADEN-RASPELN (ZUCKER, KAKAOMASSE, FETTARMES KAKAOPULVER, KAKAOBUTTER, EMULGATOR SOJA-LECITHIN) (1,0%), AROMA (ENTHÄLT LAKTOSE), EMULSIFIER SOJA-LECITHIN, MAGNESIUMCARBONAT, VERDICKUNGSMITTEL XANTHAN, CALCIUMPHOSPHAT, L-ASCORBINSÄURE, SÜßUNGSMITTEL (SACCHARIN UND SUCRALOSE), EISENDIPHOSPHAT, ZINKSULFAT, ENZYM BROMELAIN (0,05%), ENZYM LAKTASE (0,025%), NICOTINAMID, DL-ALPHA-TOCOPHERYLACETAT, CALCIUM-D-PANTOTHENAT, MANGANESE-SULFAT, KUPFERCARBONAT, PYRIDOXINHYDROCHLORID, THIAMINMONONITRAT, RIBOFLAVIN, RETINYLACETAT, KALIUMIODID, PTEROYLMONOGLUTAMINSÄURE, CHROM-(III)-CHLORID, POTASSIUMSULFAT, NÄTRIUMSELENIT, TRENNMITTEL ALLERGIE-DIENST: KANN SPUREN VON GLUTEN UND HÜHNEREI ENTHALTEN.**

**HECH®** empfiehlt eine abwechslungsreiche und ausgewogene Ernährung sowie eine gesunde Lebensweise.

**INGREDIENTS: WHEY PROTEIN CONCENTRATE (58%), WHEY PROTEIN ISOLATE (30%), FAT-SUGAR COCOA POWDER (6.0%), L-CARNITINE (1.2%), CHOCOLATE RASPS (SUGAR, COCOA MASS, FAT-REDUCED COCOA POWDER, COCOA BUTTER, EMULSIFIER SOY LECITHIN) (1.0%), FLAVOUR (CONTAINS LACTOSE), EMULSIFIER SOY LECITHIN, MAGNESIUM CARBONATE, THICKENER XANTHAN, CALCIUM PHOSPHATE, L-ASCORBIC ACID, SWEETENERS (SACCHARIN AND SUCRALOSE), FERRIC DIPHOSPHATE, ZINC SULPHATE, ENZYME BROMELAIN (0.05%), ENZYME LACTASE (0.025%), NICOTINAMIDE, DL-ALPHA-TOCOPHERYL ACETATE, PANTOTHENATE-CALCIUM, MANGANESE SULPHATE, CUPRIC CARBONATE, PYRIDOXINE HYDROCHLORIDE, THIAMIN MONONITRATE, RIBOFLAVIN, RETINYL ACETATE, POTASSIUM IODIDE, PTEROYL-MONOGlutamate, CHROMIUM (III) CHLORIDE, SODIUM SELENITE, ANTI-CAKING AGENT SILICON DIOXIDE, D-BIOTIN, CHOLECALCIFEROL. ALLERGY ADVICE: MAY CONTAIN TRACES OF GLUTEN AND EGG.**

**HECH®** recommends a varied and balanced diet and a healthy lifestyle.

Getränkpulver zur Herstellung eines Proteingetränkes. Mit Süßungsmitteln. Kühl (max. 25°C) und trocken lagern. Drink powder to prepare a protein drink. With sweeteners. Store cool (max. 77°F) and dry.

**500 g e 1.1 lbs**

HECH.COM

**HECH® FUNCTIONAL NUTRITION**

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